

GO - KITS LISTING OF POTENTIAL ITEMS

NOURISHMENT

Basic Items

- Water -- Minimum gallon per day
- Food / Protein bars
- Hard candy
- Gum
- Hot / Cold cup
- Individual drink mix -- Coffee, tea, hot chocolate
- Salt / Pepper / Sweetener

Canned food items -- Eat cold or hot

- Peanut butter
- Pudding
- Dried fruit
- Trail mix
- MRE's -- Military survival rations

Cooking Equipment

- Electric hot pot
- Eating utensils plastic
 - Plates, bowl, cup
 - Knife, fork, spoon
- Cooking stove
 - Fuel for stove
 - Sterno or gas
- Cooking kit -- Pots, kettle, larger stirring spoons, etc.
- Measuring cup
- Dish soap / towel
- Paper towels
- Plastic trash bags -- 13 gal
- Garbage bags (55 gal)
- Ziploc bags -- Quart, gallon, 2 gallon (Qt & Gal)
- Plastic wrap
- Aluminum foil
- Fire-starter stick
 - Waterproof matches / butane lighter
- Manual can opener

FIRST AID SUPPLIES

Pain Medication

- Ibuprofen
- Tylenol
- Motrin
- Excedrin
- Imodium
- Aspirin

Injury Items

- Alcohol wipes
- Alcohol liquid
- Hydrogen peroxide

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Antiseptic wipes
Cotton swabs
Antiseptic / Antibiotic cream Polysporin, First aid
Sunburn cream
Band-aids multiple sizes
Steri-strips
Dressing tape (cloth & paper)
Dressings 2" x 2"
Dressings 4" x 4"
Triangular bandage
Pressure dressings
Gauze rolls (Kerlix)
Scissors
Elastic wraps w/clips
Eye wash Murine
Eye dressing
First aid book
Instant cold pack
Instant hot pack
Splinter-removal kit -- tweezers, needle
Magnifying glass
Nail Clippers

Feel Bad Items

Antacid
Pepto Bismol
Milk of Magnesia
Dramamine
Benadryl
Benadryl cream
Anti-itch Cream
Anti-Diarrhea
Decongestant
Cough drops / Throat lozenges
Thermometer

Preventative Items

Sun screen
Chap stick
Ear plugs
Insect repellent
Water purification tablets (bleach)
Vinyl gloves
Latex gloves
Dust / bacterial mask
Safety pins
Sewing kit
Zip-lock bags -- Sandwich, quart

SANITARY / PERSONAL HYGIENE

Toilet paper

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Baby wipes
Kleenex
Wash cloth
Hand towel
Hand sanitizer
Feminine hygiene products
Hand soap
Grooming kit -- razor, deodorant, comb
Toothbrush & paste
Mirror
Portable toilet

TOOLS

Rope

Parachute cord
50' - 100' Rope 5/16 dia
Twine / heavy string

Tape

Electrical tape
Duct tape
Bright color tape for marking lines, etc.

Electrical extension cords

25' - 16 ga.
50' - 14 ga.
100' - 12 ga.
Multi-tap adapter -- outlet strip
2 prong - 3 prong adapter

Jumper cables

Hand Tools

Wire cutters
Pliers
 Regular
 Long nose
 Vise-grip
 Channel lock
Screwdrivers
 Phillips -- #0 short shank
 Phillips -- #1, #2 long shank
 Flat blade -- 1/8" short shank
 Flat blade -- 1/4", 3/8" long shank
Adjustable wrench(s)
Open end wrench set
Socket set
Hex key set
Hammer
Small metal file
Crimping tool
 Assorted crimp type connectors

Solder iron -- Propane, DC, AC

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- Propane refill
- Solder
- Tape measure**
- Cable ties -- Large / small**
- Multi-meter w/test leads**
- Hook up wire**
- Alligator clips**
- Swiss army type multi-blade pocket knife**
- Leatherman type multi-purpose tool**
- Super glue**
- Folding shovel**
- Folding camp saw**

LIGHTING

- Flashlight -- Large**
- Flashlight -- small**
- Flashlight -- LED long life**
- Head mount light**
 - Batteries for flashlights
 - Bulbs for flashlights
- Lantern**
 - Fuel w/funnel
 - Spare mantels
 - Waterproof matches
- Lantern -- Battery powered**
 - Extra bulb
 - Extension cord with DC connector / adapter
- Desk lamp**
- Night light**

OFFICE SUPPLY ITEMS

- Pens (Multiple colors)**
- Pencils**
 - Sharpener
 - Eraser
- Highlighter**
- Marker Pens -- Permanent ink**
- Notebook (Pocket and/or steno)**
- Clipboard w/ pad**
 - Clipboard nite light
- Calculator (pocket size)**
- Folding chair**
 - Folding table
- Umbrella -- Large w/stand**
- Rubber bands**
- Paper clips -- large**
 - Bulldog clips
- Push pins**

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- Sticky note pads
- Sheet protectors
- Masking tape -- Painters type
- Erasable marker board w/pens
- Message forms
- Log sheets
- Served agency forms
- Envelopes

INFORMATION SOURCE ITEMS

- AM / FM radio w/batteries
- Weather radio w/batteries
- Map of area
- Compass (GPS)
- Binoculars
- Area repeater directory or listing
- ARES field resource manual
- Anemometer / weather station
- Disposal camera & film

PERSONAL CLOTHING

- Extra pair prescription glasses
- Sunglasses
- Hat
 - Ball cap style
 - Floppy brim for extra sun protection
- Work Gloves - Leather
 - Cloth
- Rain suit or Poncho
- Waterproof boots
 - Shoe laces
- Change of clothing -- Weather appropriate
 - Pants, shirt, shoes, socks, underwear
 - Polypropylene or wool will wick away moisture
- Jackets -- Windbreaker, heavy coats
 - Winter hats, ear muffs, gloves, mittens
- Space blanket
- Sleeping bag
 - w/ foam pad
 - ground cloth
 - Pillow
 - Blankets
- Fan if hot
- Emergency funds -- \$10 bill, quarters, dimes
- Long distance prepaid calling card
- Alarm clock
- Pocket knife (small) or multi-purpose tool
- Fanny pack -- small backpack

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Collapsible umbrella
Sports type water bottle

EMERGENCY / SAFETY EQUIPMENT

Fire Extinguisher
Reflective vest
Safety wide brim helmet
Dust mask
Whistle
Goggles
Strobe marker light
Cyalume light sticks
Candles
Waterproof matches
Butane lighter

RADIO EQUIPMENT

HT Radio Dual band preferred
HT Accessories

Speaker mic
Earphone
Headset w/ mike
Equipment instruction manual

External power source

AC to DC power pack
Cigarette lighter power adapter w/ spare fuse
Extra radio battery w/ charger
2-3 Ah battery w/ lighter socket (belt mount) w/spare fuse

Antenna

Magnetic mount antenna
Extended gain direct mount antenna
Roll up J-pole w/ fastener (suction cup, clip, string)

Coax & Connectors

25' RG-8X w/ PL 259 each end
10' RG-8X w/ PL 259 -- SO-239
6' RG 174 w/ SO-239/PL-259 -- HT specific (BNC/SMA) (strain relief)
Barrel connectors, PL-259 to BNC
SMA to BNC, SMA to PL-259 / SO-239

"Brick" amplifier

Connecters - Jumper coax cables
Spare fuse

DC extension cable -- Battery clips to adapter

Anderson power pole connectors to appropriate adapter

Mobile Radio -- Dual band preferred

Headphones
Y type adapter for multiple listener w/ headphones
High gain magnetic mount
Portable ground plane
Dual band base antenna

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Yagi beam antenna
100' 9913F coax
Portable mast 25' - 30'
Mast stand
Guide ropes
Stakes & hammer
Florescent tape to mark guide ropes
Equipment instruction manual

SWR meter w/adapters

HF Rig

Antenna -- G5RV ?
100' Coax
Key
Equipment instruction manual

Lap top computer w/software

APRS
Slow scan TV
PSK
Packet, ARES Fnpack
Interface w/cables
AC to DC power supply

Digital camera and cables

Scanner

Ground rod w/ clamp, wire

Shelter from elements -- tent / canopy w/sides

IDENTIFICATION

Drivers license
FCC license (laminated photo copy)
ARES Photo ID
Served agency ID
ARES Vehicle placard / signs
Emergency phone numbers
Emergency family contact information
Doctor and Medication information